

ANNUAL REPORT

2022



FROM THE DIRECTOR

The past two years were years of all years. 2020 proved to be unprecedented, challenging, and a year of professional and personal growth. 2021 presented new challenges but also offered the ability to feel more rewarded than ever through the service we were able to provide to Pulaski County.

Our staff went above and beyond as they waded through the uncharted waters of COVID-19. Operations changed, services looked different and the call for emergency response to such a catastrophic public health event was like no other anyone has ever experienced.

Our team PERSERVERED. It took exemplary teamwork, resilience, and grit. Our goal has been and will remain to prevent, promote, and protect the health of the residents and patrons of Pulaski County. We've done everything within our means to assist families, schools and businesses navigate COVID infections as well as provide education, vaccination, and testing along with the other services we've always provided for our community.

As we move through 2022, we will continue to work diligently to meet the needs of our community and further efforts to be more accessible than ever.

A handwritten signature in white ink that reads "Deborah Decker".

Deborah Decker, MBA
Director



Vital Records

- 2020:
 - Birth: 1,550
 - Death: 2,379
- 2021:
 - Birth: 1,646
 - Death: 2,621



Clinical Services

- Flu Vaccines:
 - 2020: 669
 - 2021: 645
- Clinical Nursing Services
 - 2020: 1,116
 - 2021: 367
- Women’s Health Services:
 - 2020: 12
 - 2021: 32



Insurance Status

- Insured: 2020: 174
 2021: 117
- Uninsured: 2020: 304
 2021: 204
- Medicaid: 2020: 81
 2021: 37

PUBLIC HEALTH SERVICES

WHAT DO WE OFFER?

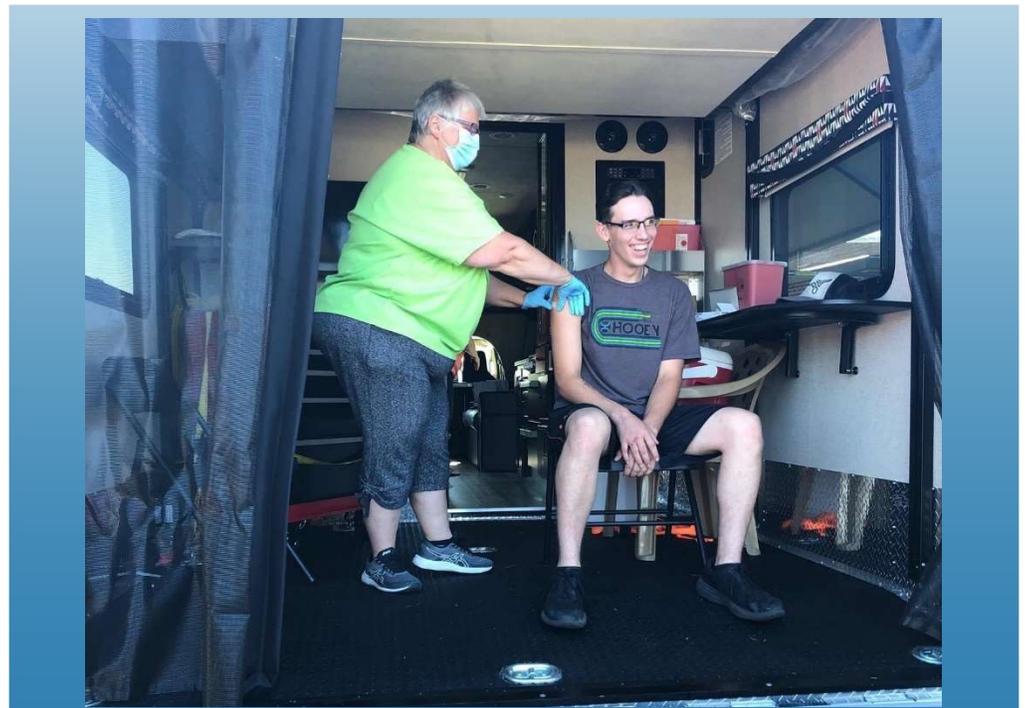
Services include immunizations, women’s wellness, blood draws, TB testing and treatment, STD testing and treatment, pregnancy testing, and other health screenings.

WOMEN’S HEALTH

Women health services are provided through the Health Center by a Nurse Practitioner. The Show-Me Healthy Women and WISE WOMEN programs provide these services at no cost for eligible women 35-64 years of age. The Family Planning program ended during COVID but may come back in the near future. Family Planning services are still available on a limited basis and have a minimal cost.

MOBILE MEDICAL UNIT

Through the support of the Pulaski County Commissioners, CARES Act funding was utilized to purchase an RV to use as a mobile medical unit. Since its purchase in August 2020, it has been used for COVID vaccine clinics, COVID testing clinics, Flu clinics, and back-to-school shot clinics. It can also be utilized in the case of other emergency response efforts within the county or region.





COVID-19 Cases

- 2020 Confirmed Cases: 5562
 - 2021 Confirmed Cases: 4704
 - 2020 Deaths: 39
 - 2021 Deaths: 47
- (Rates for Pulaski Co only)



COVID-19 Vaccines

- PCHC began vaccinating January 13th, 2021
- By end of 2021 vaccine rates were as follows:
 - At least one dose: 68%
 - Fully Vaccinated: 57%



COVID-19 Tests

- PCHC began offering COVID-19 Rapid Testing in late 2021 and continues to offer at no cost. A dual test that includes influenza is also available.

PUBLIC HEALTH EMERGENCY RESPONSE

COVID-19 RESPONSE

In March 2020, Pulaski County had its first case of COVID-19, and less than a month later, that individual became our first death. It began an epidemic event like no one had ever seen or experienced. Public Health Emergency Response has been planned out and practiced for years at the local, state, and federal levels but not to the magnitude or depth of what happened. Responders in public health and other medical professionals/practitioners, and public officials immediately went to work to combat SARS-COV2. Existing partnerships were strengthened and new were built. We are eternally grateful from the support we received from the community. While goals shifted and evolved over the first two years of combatting COVID-19 infection, we have learned it is here to stay and prevention efforts will continue to include education, vaccination, and testing.



Photo of PCHC Staff post Mass COVID Vaccination Clinic at City of St. Robert Municipal Center. Approximately 2100 doses were administered during this clinic.

TRUCK WRECKS & OTHER EMERGENCIES

Environmental Public Health Staff are responsible for responding to emergencies such as truck wrecks, fires, natural disasters, and other accidents when food, beverages, cosmetics, or pet food.



Inspections

(2020 + 2021)

- Food: 232
- Lodging: 98
- Child Care: 42
- Schools: 38



Water Lab Testing

- Private Water
- Recreational Water



Onsite Wastewater Treatment Systems

(2020 + 2021)

- Permits/Inspections: 15
- Complaints: 1
- Notices of Violation: 5

ENVIRONMENTAL PUBLIC HEALTH

FOOD ESTABLISHMENTS

Environmental Public Health Specialists (EPHS) conduct inspection of all food establishments, to include mobile units and schools, under the regulation of Missouri State Food Code and Pulaski County's Consumer Food Safety Regulation (CFSR). The CFSR has been in the process of being updated with implementation delayed due to the pandemic. Final revisions are being made with public hearings to be scheduled in 2022 to move forward with the changes and new food safety rating system. Pulaski County has approximately 205 food establishments, 16 permitted mobile units/food trucks, and 18 schools.

FOOD SAFETY RATING

Possible ratings:



LODGING & CHILD CARE

EPHS also conduct lodging and childcare facility inspections under the guidance of regulation set by the Missouri Department of Health and Senior Services. Pulaski County is home to 26 lodging facilities and 17 childcare facilities.

ONSITE WASTEWATER & WATER TESTING

Pulaski County has an ordinance requiring all new systems on less than 5 acres to be permitted by the Pulaski County Health Center. County wastewater complaints and notices of violation are also handled by PCHC. Illegal installation and/or failure to correct violations may be prosecuted.

PCHC has a lab that can test for total Coliform and for E.Coli. Testing kits are available for \$20 to homeowners to collect unofficial samples to be tested. Samples can be dropped off Mon – Thu with results within 24 hours. Official samples can be scheduled and tested for an additional fee. Random sampling of recreational water is also performed by PCHC to ensure safety to the public in the county's various swimming and camping areas.

Pulaski County WIC Participation Report

Note: The WIC Fiscal Year runs October 1 – September 30 therefore count is not for Jan 1 – Dec 31 as is consistent with other counts in the Annual Report.



FY2020

- Total Served = 12,668
 - Pregnant Women = 1,190
 - Women Fully Breastfeeding= 631
 - Women Partially Breastfeeding= 183
- Women Postpartum = 1,104
- Infants = 3,623
- Children = 5,936



FY2021

- Total Served = 11,449
 - Pregnant Women = 1,062
 - Women Fully Breastfeeding= 613
 - Women Partially Breastfeeding= 172
- Women Postpartum = 957
- Infants = 3,215
- Children = 5,430



WIC offers these services and benefits:

- Breastfeeding counseling & support
- Personalized nutrition counseling
- Supplemental, nutritious food
- Referrals to childcare
- Medical and dental care referrals
- Health & Social Service referrals
- Immunization Screenings

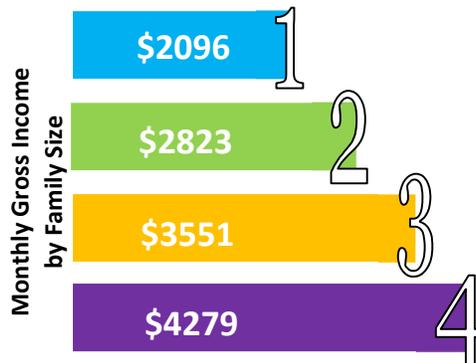
2 Locations to Better Serve

**704 Historic Rt 66
Waynesville
573-774-3115
Mon - Thu**

**101 12th Street
Crocker
573-736-2218
First & Last Mondays**

Income Guidelines

(Income guidelines are updated annually.)



A pregnant woman may count as two family members. Full guidelines are available online.



Local WIC Staff have a combined service time of almost 60 years.



FAST

Saves time at checkout.

FLEXIBLE

Buy the food you want, when you need it.

SIMPLE

All of your WIC benefits on one card!



HEALTH EDUCATION, FITNESS & COMMUNITY OUTREACH



ACTIVE Kids & One Sole Purpose

- School and Community based kids' fitness programs
- Goal is to provide a new pair of shoes to every elementary student in all Title-I schools. Dixon was first participating school.



Fitness Programs

- 45 TO FIT & 60 TO VICTORY
- ACTIVE Adults
- Couch To 5K (Seasonal)
- Aqua Jogging
- Short & Long-Distance Running Events



Healthy Futures Pulaski Co Coalition (HFPC)

- Monthly Meetings
- Addresses community needs in achieving overall health & wellness and works to fill that need.

HEALTH & FITNESS

Melissa Martinez is our running and fitness coach. She offers classes and facilitates events for people of all ages and fitness levels. Most all classes and programs are free of charge with an event or class going on most every week all year long. If a health and/or fitness need within the community is identified, Melissa works hard with our area partners and volunteers to meet that need. Anyone needing assistance or coaching can contact us anytime with their request/need.

OPIOID ADDICTION RESOURCES

PCHC had begun assisting local emergency responders with access to Narcan for their agencies and then became a Community Narcan Distribution site. Education is provided to any individual who requests Narcan with resources referrals for treatment. In 2021, we partnered with faith-based organizations to hold the first Battle of Bands and Resource Fair. The entire event focused using music as an avenue to minister to those who maybe seeking help or assistance and had many of those resource organizations and churches with NA groups present to offer support, information, and encouragement.



Community Involvement

The Pulaski County Health Center partners with Chambers of Commerce, School Districts, First Responders, Law Enforcement, other County organizations, non-profit organizations, and private business leaders to give back and serve Pulaski and surrounding counties at the highest attainable level. Programs and resources are shared as much as possible to enable Pulaski County residents and patrons to improve health and quality of life.





Public Health

Prevent. Promote. Protect.

Copies of the Pulaski County Health Center Annual Report can be obtained online or by contacting our office for a hard copy.

Pulaski County Health Center
101 12th Street
Crocker, MO 65452
(573) 736-2217

www.pulaskicountyhealth.com

